DISCOVERING YOUR WORK SKILLS—ACTIVITIES AND WORK SKILLS CHART

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| SCHOOL SUBJECT | WORK SKILLS |
| **Biology** | Doing Research  Inspecting, Measuring, or Monitoring  Keeping Accurate Records  Working with Plants or Animals |
| **Business**  *(e.g. Accounting, Entrepreneurial Studies, Marketing)* | Communicating Information or Persuading People  Keeping Accurate Records  Selling or Promoting |
| **American and World Studies**  *(e.g. US History and Politics, American and World Issues, Law, World History)* | Communicating Information or Persuading People  Doing Research  Writing |
| **Chemistry** | Inspecting, Measuring, or Monitoring  Keeping Accurate Records  Analyzing Data, Programming or Doing Calculations |
| **Computers** | Analyzing Data, Programming or Doing Calculations  Identifying/Diagnosing Problems |
| **Dance** | Artistic Expression  Physical Training or Performing |
| **Technology**  *(e.g. Design and Technology, Construction Technology, Communication Technology)* | Operating Machines or Vehicles  Building or Creating Things  Inspecting, Measuring, or Monitoring |
| **Drama** | Artistic Expression  Communicating Information or Persuading People  Writing |
| **English** | Artistic Expression  Communicating Information or Persuading People  Writing |
| **Family** **Studies**  *(e.g. Parenting, Fashion, Individuals and Families in a Diverse Society)* | Caring for or Treating People  Organizing People or Planning Work Activities  Making Sure Things are Clean and/or Organized |
| **Geography**  *(e.g. Geography – Physical, World Issues)* | Doing Research  Writing  Communicating Information or Persuading People |
| **Health and Physical Education** | Physical Training or Performing  Organizing People or Planning Work Activities |
| **History**  *(e.g. US History, Society: Challenge and Change, Modern Western Civilization, etc.)* | Doing Research  Writing  Communicating Information or Persuading People |
| **Languages**  *(e.g. French, Japanese, Latin)* | Communicating Information or Persuading People  Writing |
| **Math** | Analyzing Data, Programming or Doing Calculations Inspecting, Measuring, or Monitoring  Identifying/Diagnosing Problems |
| **Music** **or** **Visual Art**  *(e.g. Band, Strings, Musical Theater, etc.)* | Artistic Expression  Building or Creating Things  Designing or Drawing |
| **Physics** | Inspecting, Measuring, or Monitoring  Keeping Accurate Records  Analyzing Data, Programming or Doing Calculations  Designing or Drawing |
| **Science** | Inspecting, Measuring, or Monitoring  Keeping Accurate Records  Analyzing Data, Programming or Doing Calculations |

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| OTHER SCHOOL ACTIVITIES | WORK SKILLS |
| **Assemblies**  *(e.g. organizing, participating in)* | Artistic Expression  Communicating Information or Persuading Others  Organizing People or Planning Work Activities |
| **Clubs**  *(e.g. chess club, outers club, environment club)* | Communicating Information or Persuading Others  Organizing People or Planning Work Activities  Selling or Promoting |
| **Dances**  *(e.g. organizing, attending)* | Organizing People or Planning Work Activities  Physical Training or Performing  Selling or Promoting |
| **Fundraising**  *(e.g. raising money for a charity or school trip; you may hold an event, have a car wash, sell chocolates)* | Organizing People or Planning Work Activities  Selling or Promoting  Communicating Information or Persuading People  Keeping Accurate Records |
| **Independent Study Project/Unit**  *(e.g. research essay on a topic of your choice)* | Doing Research  Keeping Accurate Records  Writing |
| **Journal**  *(e.g. keeping a daily journal for English class)* | Writing |
| **Library**  *(e.g. finding books in the library)* | Doing Research |
| **Lunch/Recess** | Communicating Information or Persuading People |
| **Peer Editing**  *(e.g. reading and correcting other students’ work)* | Communicating Information or Persuading People  Writing |
| **Peer Tutoring/Helping**  *(e.g. helping students with school work or problems)* | Teaching or Training  Identifying/Diagnosing Problems |
| **Presentations or Seminars** | Communicating Information or Persuading People  Teaching or Training |
| **Projects**  *(e.g. researching and presenting information in a visually appealing way)* | Doing Research  Writing  Designing or Drawing  Building or Creating Things |
| **Sales**  **(e.g. bake sales)** | Selling or Promoting  Communicating Information or Persuading People  Organizing People or Planning Work Activities |
| **School Newspaper**  **(e.g. being a reporter, taking photos, doing layout)** | Writing  Doing Research |
| **School Shows**  **(e.g. plays, music night)** | Artistic Expression  Communicating Information or Persuading People  Selling or Promoting  Building or Creating Things |
| **Science Project** | Doing Research  Inspecting, Measuring, or Monitoring  Analyzing Data, Programming or Doing Calculations Writing |
| **Sports**  **(e.g. playing on, coaching, or helping out with a team)** | Physical Training or Performing  Organizing People or Planning Work Activities |
| **Student Council**  **(e.g. being a student council member such as school president or treasurer)** | Communicating Information or Persuading People  Organizing People or Planning Work Activities |
| **Yearbook**  **(e.g. writing for, taking photos, doing layout)** | Writing  Artistic Expression  Designing or Drawing |

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| LEISURE ACTIVITIES AND HOBBIES | WORK SKILLS |
| **Athletic activities**  *(e.g. hiking, swimming, skating)* | Physical Training or Performing |
| **Being interested in professional sports**  *(e.g. following a sports team; watching sports on TV, keeping track of players’ stats, discussing sports)* | Doing Research  Communicating Information or Persuading People |
| **Building things**  *(e.g. models)* | Building or Creating Things  Designing or Drawing |
| **Camping** | Physical Training or Performing  Organizing People or Planning Work Activities |
| **Card or Board Games** | Analyzing Data, Programming or Doing Calculations  Communicating Information or Persuading People  Identifying/Diagnosing Problems |
| **Collecting things**  *(e.g. baseball cards, stickers)* | Doing Research  Keeping Accurate Records  Making Sure Things are Clean and/or Organized |
| **Computer**  *(e.g. using a graphics program, installing new software, fixing problems)* | Analyzing Data, Programming or Doing Calculations  Identifying/Diagnosing Problems  Operating Machines or Vehicles |
| **Diary**  *(e.g. writing down your thoughts in a diary)* | Writing  Artistic Expression |
| **Drawing**  **(e.g. pictures, cartoons, etc.)** | Artistic Expression  Designing or Drawing |
| **Driving**  **(e.g. driving the family car)** | Operating Machines or Vehicles |
| **Friends**  **(e.g. hanging out, helping with problems)** | Communicating Information or Persuading People  Organizing People or Planning Work Activities  Identifying/Diagnosing Problems |
| **Internet**  **(e.g. surfing the net, downloading music, making a web page)** | Doing Research  Designing or Drawing  Analyzing Data, Programming or Doing Calculations |
| **Making crafts**  **(e.g. bracelets)** | Artistic Expression  Designing or Drawing  Building or Creating Things |
| **Music**  **(e.g. listening to music, singing, playing an instrument)** | Artistic Expression  Communicating Information or Persuading People  Doing Research |
| **Playing on a sports team**  **(e.g. baseball, soccer)** | Physical Training or Performing  Communicating Information or Persuading People |
| **Reading**  **(e.g. magazines, novels, comic books)** | Doing Research |
| **Riding a Bike** | Physical Training or Performing  Operating Machines or Vehicles |
| **Shopping** | Doing Research |
| **Skateboarding** | Physical Training or Performing  Fixing/Repairing Things |
| **Talking on the Phone** | Communicating Information or Persuading People |
| **Video or Computer Games** | Identifying/Diagnosing Problems  Physical Training or Performing |
| **Writing letters or emails** | Writing  Communicating Information or Persuading People |

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| HOUSEHOLD ACTIVITIES | WORK SKILLS |
| **Babysitting**  *(e.g. younger sister/brother, neighbors’ kids)* | Caring for or Treating People |
| **Cleaning**  *(e.g. your room, bathroom, garage)* | Making Sure Things Are Clean and/or Organized  Identifying/Diagnosing Problems  Operating Machines or Vehicles |
| **Cooking or Baking** | Inspecting, Measuring, or Monitoring  Building or Creating Things |
| **Mowing the Lawn** | Operating Machines or Vehicles  Physical Training or Performing  Working with Plants or Animals |
| **Helping in the Garden**  **(e.g. planting flowers, pruning bushes, weeding)** | Physical Training or Performing  Working with Plants or Animals  Artistic expression |
| **Shoveling Driveway** | Physical Training or Performing |
| **Taking care of a pet**  **(e.g. walking the dog, feeding cat)** | Working with Plants or Animals |
| **Taking Phone Messages** | Keeping Accurate Records  Writing |
| **Vacuuming** | Operating Machines or Vehicles |
| **Washing the Dishes** | Making Sure Things Are Clean and/or Organized |

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| OTHER | WORK SKILLS |
| **Part-time job - Cashier** | Assisting Customers or the Public  Analyzing Data, Programming or Doing Calculations |
| **Part-time job - Food Services**  *(e.g. working at a fast food chain, waiting tables, bussing)* | Assisting Customers or the Public  Making Sure Things Are Clean and/or Organized |
| **Part-time job - Recreation**  *(e.g. lifeguard, sports instructor, camp counselor)* | Teaching or Training  Caring for or Treating People |
| **Part-time job - Retail**  *(e.g. working in a clothing store)* | Assisting Customers or the Public  Keeping Accurate Reports  Making Sure Things Are Clean and/or Organized  Selling or Promoting |
| **Volunteering**  *(e.g. volunteering at a hospital, charity)* | Assisting Customers or the Public  Caring for or Treating People  Communicating Information or Persuading People  Teaching or Training |