

## ISSAQUAH HOURS: WHAT COUNTS FOR WHAT?

Here are some examples of what counts for hours. This is not an exhaustive list and there are other options. If you're wondering if something counts for hours, just ask Mrs. Henry (do NOT assume as this could lead to you not meeting hour requirements).

### **Athletic/Club Events**

- Going to an athletic event for a team you are NOT a member of
- Going to a club event or meeting for a club you are NOT a member of
- Does it include attending football games? YES

### **Lunch/Nest Time Activity**

- Going to a lunch activity you did NOT plan/host
- Going to a Nest time activity you did NOT plan/host
- Participating in Nest time sign ups (as presented by Mrs. Henry)
- Participation in lunch time sign ups (as presented by Mrs. Henry)

### **Post Football Game Cleanup**

- Cleaning up after the home football games
- Cleaning up after the Skyline football game
  - \*Clean up entails the following:
    - picking up trash from the home stadium seats
    - picking up trash from the visitor stadium seats
    - taking trash bags out of the trash cans around the track, tying them in a knot, leaving them beside the Can
    - picking up trash from the concrete seats at the end zone
    - picking up trash from the "green" courtyard
    - CHECKING IN WITH MRS. HENRY **BEFORE** HEADING HOME

### **Activity**

- Attending an ASB event after school
- Working the blood drive
- Helping with a tailgate
- Working at Curriculum Night
- Volunteering with the transfer students on the first day of school
- Working at New to IHS Night
- Attending the Homecoming Dance
- Helping to set up for the Homecoming Dance (this is worth 3 points if you stay the ENTIRE time)

### **ASB Activity Set-Up or Clean-Up**

- Basically what it says. Can be before, during, or after school whenever it was decided by Mrs. Henry